

Shalford Primary School

PSHE Yearly Overview of Units/Key Questions

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1&2 Cycle A	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	What is the same and different about us?	How can we look after each other and the world?
Year 1&2 Cycle B	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3&4 Cycle A	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 3&4 Cycle B	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5&6 Cycle A	What makes up a person's identity?	What decisions can people make with money? What jobs would we like?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	<i>How does puberty and growing up affect us and those around us?</i>
Year 5&6 Cycle B	How can we keep healthy as we grow? How can we challenge the causes of racism?		How can the media influence people? How can I become a global Citizen?		What will change as we become more independent? How do friendships change as we grow?	